

NORTH EAST NEWS

22-06-2025

HEADLINES

1. Prime Minister Narendra Modi says yoga offers pathway to peace amid growing stress, unrest, and instability in world.
2. All Northeastern states join rest of world in celebration of 11th International Day of Yoga.
3. Central Bureau of Communication, Ramakrishna Mission, Shillong, jointly celebrate International Day of Yoga.
4. Yoga events sessions organized across Arunachal Pradesh.
5. Manipur Governor Ajay Kumar Bhalla leads state in observance of International Day of Yoga.
6. Border Security Force keen on completing fencing of Indo-Bangla Border in Meghalaya.
7. Nagaland launches State-Level ‘Awareness and Benefit Saturation Camp’ in Kohima.
8. Meghalaya NCC Girls Battalion welcome Mount Everest victor Rifness Warjri.

PM

Prime Minister Narendra Modi yesterday said that yoga offers a pathway to peace amid growing stress, unrest, and instability in various parts of the world. He was addressing the celebrations on 11th International Day of Yoga along the coastline at Vishakhapatnam in Andhra Pradesh. Mr Modi said Yoga is the pause button humanity needs to breathe, balance and become whole again. The Prime Minister said that this year’s theme, ‘Yoga for One Earth, One Health’, reminds how the world comes together to secure happy and healthy lives for present and future generations.

YOGA

All the Northeastern states joined the rest of the world in celebration of the 11th International Day of Yoga yesterday. Reflecting the enduring Indian ethos of ‘Vasudhaiva Kutumbakam’, which means the world is one family, the North Eastern Indira Gandhi Regional Institute of Health and Medical Sciences, Shillong organized a yoga camp with 397 participants. They included doctors, staff, students and their family members. Troops of Border Security Force, Meghalaya Frontier performed Yoga at their headquarters in Shillong. The Doordarshan Kendra Tura celebrated International Yoga Day with enthusiasm and dedication. Meghalaya health minister Mazel Ampareen Lyngdoh and education minister Rakkam Sangma stressed on inculcating the habit of yoga performance among the students.

DAY

The Central Bureau of Communication, Shillong, Union Ministry of Information & Broadcasting, in collaboration with the Ramakrishna Mission, Shillong, marked the International Day of Yoga with a special yoga session at the Mission’s premises in Laitumkhrah. The inaugural session was enriched by an insightful talk by Swami Vedeshanandaji Maharaj, who reflected on the

ancient origins and universal significance of yoga. He emphasized that yoga harmonizes the body, mind, and breath, ultimately guiding the practitioner towards uniting the individual self with the universal self.

ARUNACHAL

Yoga events and sessions were organized across Arunachal Pradesh by government departments, NGOs, educational institutions and others. In Itanagar, a Yoga Sangam event was organized by the Department of Health and Family Welfare in collaboration with Regional Ayurveda Research Institute. The Arunachal Pradesh Legislative Assembly also observed the day with a special yoga session at the Assembly Complex. The event was attended by Speaker Tesam Pongte Tutsa, officers and officials of the Assembly. At Raj Bhavan Itanagar, the Yoga Day celebration was led by Governor Lieutenant General KT Parnaik.

MANIPUR

Manipur Governor Ajay Kumar Bhalla led others in the International Day of Yoga observation at the Khuman Lampak Indoor Stadium in Imphal. The state level event witnessed the participation of over 900 individuals, including students, public servants, yoga enthusiasts, security personnel and members of the public. The Regional Institute of Medical Science (RIMS) Imphal also observed the day with the medical staff and others performing yoga asanas.

BSF

The Border Security Force is keen to complete fencing in the unfenced stretches of Indo-Bangla Border in Meghalaya. Inspector General, BSF Meghalaya Frontier, O.P. Upadhyay said that the force wants to fence the 59 kilometres stretch in Meghalaya which is unfenced. He said that the Force is getting all the support from the State Government. Meghalaya Chief Minister Conrad K Sangma is also monitoring the situation to ensure that the entire India-Bangladesh Border is fenced.

CAMP

Nagaland yesterday launched the State-Level ‘Awareness and Benefit Saturation Camp’ under the Dharti Aaba Janjatiya Gram Utkarsh Abhiyan in Kohima. Advisor for Tribal Affairs, H. Tovihoto Ayemi said the campaign will benefit more than nine lakh people in Nagaland. Aimed at accelerating development in tribal areas, the campaign seeks to bridge critical gaps in infrastructure, education, healthcare, and basic services by converging various government schemes.

NCC

The 61 Meghalaya Girls Battalion, National Cadet Corps yesterday warmly welcomed Ms. Rifiness Warjri upon her return to the state after successfully summiting Mount Everest on 18th May this year as part of the NCC Mount Everest Expedition, 2025. She was the only representative from the Northeast region of India to have been selected to participate in this prestigious expedition.
