

**HEADLINES ( EVENING )**

1. Social Welfare Department leh Supply department chuan sorkar dan zawma din-ruihhlo ngai enkawlna deaddiction leh rehabilitation centre te hnena buhfai man tlawm lo pe lawk thin turin thawhhona thuthlung vawiin khan an ziak.
2. ZPM party thupuangtu Pu K. Laltluangkima'n sorkarin sawhthing chu kumin June thla thleng a la lei zel dawn a ti.
3. Prime Minister Narendra Modia chuan tunhnaia midang phena hmanga India laka indona puangte chuan ruahmannan an nei sa vek tih a sawi.
4. President Drouapadi Murmu-I chuan zanin hian ramchhunga civil mite chawimawina Padma award hrang hrang a sem leh dawn.

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**SOCIAL WELFARE**

Social Welfare Department leh Food, Civil Supplies & Consumer Affairs department chuan sorkar dan zawma centre s din- ruihhlo ngai enkawlna deaddiction leh rehabilitation centre te hnena buhfai man tlawm lo pe lawk thin turin thawhhona thuthlung vawiin khan an ziak.

Social Welfare Minister Pi Lalrinpuii leh Supply Minister Pu B. Lalchhanzova te hmaah he thawhhona thuthlung ‘Convergence Agreement’ hi Department aiawhin Social Welfare Addl Secretary Pu Lalnunhlua leh Supply Dept aiawhin Secretary Pi Teresy Vanlalhruaiin ten an ziak a.

Supply Minister Pu B. Lalchhanzova chuan welfare institution buhfai chu thla ruk dana lokal thin anih avangin Home leh Centre tamtak te an buai fo thin a, hemi tih reh nan hian supply department chuan an buhfai stock sa atanga Home leh centre te thla tin quota an pek chhuah tawh thin tur thu sawiin hei hi central lam atanga WI buhfai lo thlen hunah siamrem mai thin a ni ang a ti.

Social Welfare Minister Pi Lalrinpuii chuan thu sawiin Mizorama ruihhlo ngai enkawlna center leh home te mimal, pawl leh kohhran ten an din chuan Sorkar inkaihhruaina zawm turin dan hnuaiah accreditation tih vek tawh tur a nih avangin ngaihpawimawh a tul thu a sawi a. Accreditation tite chuan he hamthatna buhfai tlawmte a lei theihna an neih chhunzawm ang a ti a. Chutihrual chuan he dan hnuaia inziak lut lo te chu hlamchhiah an ni dawn tihna ni chuang lo mahse, accreditation ti lo te chu an buhfai lei theih na hi to hret thung in, Mizoram Special Ration Package (MSSRP) angin Kg ah Rs.20 a lei a ngai thung dawn tih a sawi a ni.

Inremnaa a inziah danin June thla atangin buhfai thla quota a advance in a pe tan dawn a. Sorkar laipui atanga quota a lo thlen hunah siam rem a ni ang. Social Welfare, Women & Child Development Department in an enkawl Centre-a patient awm zat thla tinin an certify ang a, FCS&CA Department hnenah a thawn thin ang a. FCS&CA Departmentin sorkar laipui hnena thawn tur information leh thil tul dang a buaipui ang a, centre buhfai dawn audit a ngaih tawh avangin Social Welfare Departmentin an Centre enkawl audit an buaipui dawn a ni.

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**CM**

Mizoram mamawh buaipua Delhi-a cham mek Chief Minister Pu Lalduhoma chuan vawiin khan Union Health Minister Pu JP Nadda chu a pisaah kawmin, Zoram Medical College & Hospital tihhmasawnna tur chungchang a sawipui.

Chief Minister chuan, PM-ABHIM hnuaia sak mek ZMC & H a Critical Care Block chu zawhfel tep tawh a nih thu Health Minister hi a hrilh a, Critical Care Block hi a nihna tur ang taka hman a nih theih nan hnathawkku tur doctor, nurse leh a dangte lakna tur sum cheng Vbc 21.63 chu pe chhuak turin a ngen a ni. Health Minister hian Cabinet Memorandum siama Cabinet Meeting-in a ngaihtuah tura a lo chhawpchhuah thuai tur thu Chief Minister hi a hrilh a ni.

Vawiin vek khan Chief Minister Pu Lalduhoma chuan Finance Commission 16-na Chairman Pu Arvind Panagariya chu apisaah a tlawh a,

Chief Minister hian kum lo kal leh tur atana Mizoram 16th Finance Commission hnena Mizoram mamawh a thlen hrang hrangte a sawipui a, heng zingah hian Thenzawl a Peace City Project te, Bana Kaih (Handholding) Scheme bakah Village Council ten fund tha zawk an hmuh theihna tura rawtna te chu ngaipawimawh sak turin a chah a ni.

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## ZPM PRESS CONF

ZPM party thupuangtu Pu K. Laltluangkima'n sorkarin sawhthing chu kumin June thla thleng a la lei zel dawn a ti .

Vawiina Aizawl Press Club-a chanchinbumite kawmnaah he thu hi sawiin Pu K. Laltluangkima chuan ZPM chuan Sawhthing chu an buaipui nasa tih sawiin khawvel puma rate chhia vanga an buai thu leh vanduaithlak an tih thu a sawi a. Sorkar chuan kumin June thla thleng a la lei zel dawn a, tunah pawh a lei muc muc mek reng thu a sawi a ni.

Pu Laltluangkima chuan sawhthing lei chungchangah khaw hrang hrang zingah thu awih deuhin an vanneihpui a, khaw thuawih lo deuh chuan an tuar a ti a, sorkar thu awiha sawhthing chawh theih hun an tiha cho thin khuain an hlawkpui ni a sawiin, Hun lo kal zel turah pawh loneituten sorkar thu ngaihchan thiama an thu awih a pawimawh tih sawiin Sawhthing lei runpui chu vawikhat tihna a nih thu leh hei hi mel lung pawimawh Mizo mipui ten an hriat reng tawh tur a nih thu a sawi a.

Tun hma ngaihtuah chuan hmasawnna nasa tak a nih thu sawiin duhthu anla sam tawkloh lai erawh a awm a ti a, an kalphung chu a kum tela a that chhoh zel an beisei thu a sawi bawk.

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## OBESITY

National Health Mission Consultant Dr. C. Remsangpuii chuan Mizoteah thisen thou awm zat tehna, lipid profile sang an tam thu leh hei hian taksaah thou chhia siamin mihring nihphung tur aia rit, overweight leh obesity a siam thu a sawi.

Akashvani zawhna chhangin Dr. C. Remsangpuii chuan thisena thou tam Mizoteah an tam zel thu sawiin hemi tehna, lipid profile test-ah hian thou chhia leh thou tha tam zawng teh thin a nih thu a sawi a, taksa mil aia thou ngah chuan mihringah harsatna leh natna hrang hrang a siam theih thu a sawi a ni.

Dr. C. Remsangpuii chuan tunlaiah mi tam takin awmhmunah hna an thawh tawh bakah ei leh in khawlaia siam, junk food mipuiten an ei nasa a, mei zu an tam bawk tih sawiin, heng hian thisena thou chu a ti tam thin a ni a ti a. Mi, thou uchuak, obese an nih leh nih loh chu body mass index (BMI) atanga teh a ngaih thu a sawi a. Hei hi san zawng mila taksa rih zawng dik hriatna a nih thu a sawi a, WHO guideline mil chuan body mass index 25 chung chu overweight a nih thu leh 30 chung chu obese tia sawi theih an nih thu a sawi a. BMI tha tak nei turin ei leh ina fimkhur tur leh taksa che tam a, in uluk turin mipuite a ngen a ni.

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## SOCIAL WELFARE MINISTER

Social Welfare Department leh Directorate of Ayush tangkawpin a thlawna kum upa leh ruihhlo ngai , rilru lam harsatna neite tan inentirna chu Dawrpui Multipurpose Centre, Aizawl buataih a ni a, Vawiin khan Social Welfare Minister Pi Lalrinpuii chuan hawngin thu a sawi a, ruihhlo ngai te chu ram hmelman leh misual an ni lo a, anmahni ringawta talchhuah an harsat avangin puitu an mamawh tih a sawi.

Minister chuan ruihhlo ngai tam tak, thlanmual leh hmun hrang hrangah an punkhawm thu leh a khawngaih takzet thu a sawi a. Ruihhlo avanga harsatna tawkte enkawl dan tur pawh tunhnaiah sorkarin ngawrh takin a ngaihtuah tih a sawi a. Ruihhlo ngai te lo tuamhlawmna tur hulhliap ruahman tum a nih thu leh hetah hian lo bual fai a, chaw ei tur te lo pek an nih dawn thu a sawi a. Ruihhlo avanga harsatna chu sorkar, kohhran, home leh pawl ang chauha chinfel theih a nih loh thu a sawi a, kawng hrang hrang tangruala beih a ngai a ni a ti.

## **Byte of Minister**

Minister chuan an sorkar tirhah kum upate hamthatna dawn thin tihpun chu an intiam anga an tih hlawhtlin tawh thu a sawi a. Kum upa te tana Zoram nuam chu ban phak maia awm a nih thu sawiin sorkar chuan theihtawp a chhuah zel dawn thu a sawi a ni.

Mizoram Upa Pawl President Pu Nghaklianmawia chuan Akashvani zawkha chhangin kum upa te tana a thlawna mental health clinic buatsaih a ni chu lawmawm a tih thu leh, chin zui zel chi a nih thu a sawi a. MUP member te chu a chhawr ber tur an nih thu a sawi a ni.

Free Mental Health Clinic puala inkhawm tawi buatsaih hian kum upa te hamthatna hrang hrang leh kum upate enkawl dan chungchang inzirtir a ni a, rilru hriselna, AYUSH chungchang leh ruihhlo hman sual leh a kaihhnawih chungchang inzirtir a ni bawk, vawiinah inentirna hawn chhunzawm a ni ang.

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## **MEETING ON NH**

National Highway 306 leh 06 thawmthat mek hna chak zawka a kal theih dan tur sawiho in vawiin khan Kolasib DC Pu Robert C Lalhmangaiha kaihhruaiin meeting neih a ni a,

DC chuan kuminah fur a intan hma avangin NHIDCL in kawng thawmthat hna an thawh pawh NASA takin a nghawng a, chumi piahlamah an kawngpui siam tawhsa pawh hmun tamtakah a chhe leh tawh a, hengte avang hian kawngpui tha an neih theih nan theihtawp a an tan ho angai a ni, a ti.

He meeting ah hian NHIDCL aiawhnen kawng siam meka an hnathawh dan leh harsatna an tawhte an tarlang a. Sum sanction awm lo chu an harsatna ber a ni tih sawiin, sum release hma in contractor thenkhatte phei chu mipuite mamawhna avangin, inbiakna neihpuia hna an tan tir te pawh an awm thu an sawi a. Tunlai khawchhia in kawng siam a tih hautak thu sawiin, ni hnih thum ruahsur lova a awm chuan an kawng siam chuan NASA takin hma a sawn dawn a ni, an ti. Heng bakah hian Khamrang leh Kawnpui inkar PWD enkawl mek pawh NHIDCL kuta hlan fel a ni tep tawh a, hlan a nih rualin hna an thawk tan nghal dawn a ni, an ti. Balaji Construction Company te pawhin report pe in thawmthat ngai lai te an thawmtha zel dawn a, amaherawhchu kan ram leilung ngivet lo lutuk avang leh a innghahna tihgheh a nih loh chuan a tha rei thei tak tak dawnlo a, chumi tihgheh na tur chu an estimate ah a tello a ni, an ti.

Vawiina thutkhawmna ah hian Kolasib a sorkar thuneitute bakah Vairengte, Khamrang leh Kawnpui khawtlang hruaitute, Sub-Hqrs YMA President leh Secretary, MJA Kolasib District aiawhne leh Kolasib District Truck Owners and Drivers Association te an tel a. Pawl hrang hrang aiawh lokalte hian Kawng dinhmunah chuan an lungawiloh thu sawiin, hun rei tak atanga an lo khel tawh angai leh ngai ngawta a awm thin chu pawi an tih thu sawiin, kawng tha an neih theih nan sawrkar leh NHIDCL lam ten tun atanga theihtawp an chhuah ngei an duhthu an tarlang bawk.

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## **AIR NEWS ON SOCIAL MEDIA**

Chanchinhar hi Akashvani Aizawl atanga puan a ni a. AIR News Aizawl Youtube Channel, All India Radio News Aizawl Facebook page leh newsonair.gov.in ah te chanchinhar hi ngaihthlak leh chhiar theih a dah a ni. Naktuk zing dar 7 leh a chanve-ah Chanchinhar puan leh a ni ang.

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## **PM**

Prime Minister Narendra Modia chuan tunhnaia mi phena hmanga India laka indona puangte chuan ruahmanna an nei sa vek tih a sawi. Vawiina Gandhinagar-a Mahatma Mandir-ah he thu hi sawiin Pu Modia chuan May ni 6 thil thlen hnuah khan ramri kana firfiakte pui thintute hailang turin finfiahna hrarpa a ngai tawh lo tih a sawi a. India sipaiten firfiak an kahhlumte chu Pakistan chuan sawrkar chawimawina nen a vuiliam tih a sawi a. Hei hian a entir chu firfiakte hi anmahni maia che loin sipaiten thawhhona thuk tak an nei a ni a ti. Vawiin inkhawmna hian Prime Minister Narendra Modia chuan hmasawnna project cheng vaibelchhe 5500 hu a hawng a. Operation Sindoor Samman Yatra a vailiam bawk a ni.

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## **DELEGATES**

Congress MP Shashi Tharoor-a kaihruai All Party Delegates te chuan vawiin khan Guyana ah chanchinbumite kawmin India-in firfiakte lakah zahngaihna a neih loh thu an sawi. Dr. Tharoor-a chuan India-in ram venghim tura hma alaknaah Guyana-in a thlawp chu lawmawm tih thu a sawi a.

JD(U) MP Sanjay Kumar Jha-a kaihruai team te chuan vawiin khan Singapore Foreign Affairs leh Home Affairs Minister te an kawm a. Pu Sanjay Jha chuan chanchinbumite kawmin Pakistan chu Financial Action Task's black list-a dah an phut thu a sawi a ni.

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## **PADMA AWARD**

President Drouapadi Murmu-I chuan zanin hian ramchhunga civil mite chawimawina Padma award hrang hrang a sem leh dawn. Heng chawimawina te President chenna Rashtrapati Bhavan-a inkhawm buatsaihah sem a ni dawn a. Padma Award hi chi thumah then niin a sang ber hi Padma Vibhushan niin Padma Bhushan leh Padma Shree ten an dawt a ni. Padma award dawng turte hi art, social work, public affairs, science leh engineering, trade and industry, medicine, literature and education, sports, leh civil service lama mi hmingtha thlanchhuahte an ni a. Kuminah hian Padma Award dawng turin mi 139 thlan an ni a. Heng zingah hian Padma Vibhushan 7, Padma Bhushan 19 leh Padma Shree 113 te an ni a. Heng zinga 71 hi kumin kum tir lam khan lo sem tawh a ni a. Zaninah Padma Award 68 sem leh a ni ang a. Chief Justice of India hlui Jagdish Singh Khehar leh Kumudni Rajnikant Lakhia te chu Padma Vibhushan hlan an ni ang.

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