

## **REGIONAL NEWS UNIT, ITANAGAR**

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Prime Minister Narendra Modi has underscored the importance of education highlighting that it is meant for holistic development. He made these remarks while interacting with students during the eighth edition of the popular interactive program 'Pariksha Pe Charcha' in New Delhi today. The Prime Minister addressed students on how to overcome stress and anxiety during exams. During the interaction, the Prime Minister advised students not to remain confined within walls. He emphasized that for growth, students need the freedom to explore their passions. He noted that students should engage in their favorite activities to perform well in exams. The Prime Minister also highlighted the importance of nutrition and wellness advising students to eat millets and vegetables to keep themselves healthy. He also gave tips to students on mastering pressure, acknowledging that low grades often create a tense environment at home. He advised students to prepare without stressing over this pressure and to keep challenging themselves. In this edition, around thirty six students from all states and Union Territories were selected to interact directly with the Prime Minister.

The Raj Bhavan, Itanagar organized the live screening of the 8th edition of 'Pariksha Pe Charcha' in the Durbar Hall of Raj Bhavan, Itanagar today. The Governor Lt. General KT Parnaik (Retd.), who is on an official tour to Uttar Pradesh in his message on the occasion said that 'Pariksha Pe Charcha' is more than just a discussion, but it's a celebration of learning, resilience, and the unwavering spirit of hard work. He said that examinations are not the ultimate destination, but a stepping stone in your journey of growth. They provide an opportunity to demonstrate your knowledge, discipline, and dedication. The Governor, in his message, advised the students to have trust in themselves, be confident, stay focused and committed and nurture sound minds and bodies. The Governor urged the parents and teachers to encourage their wards, appreciate their efforts, and remind them that success is about learning and growth. Coordinated by the Directorate of School Education, Students and teachers from Itanagar Capital Region attended the live screening of 'Pariksha Pe Charcha'.

Chief Minister Pema Khandu in a social media post today congratulated Circle Officer, Pangin, Niyang Pertin for her innovation

to save Mithuns from road accidents. A simple, yet effective idea, of using fluorescent collars is ensuring these culturally significant animals are visible on foggy roads, Mr. Khandu said in his post. Earlier, the duo comprising of Circle officer, Pangin, Niyang Pertin and PWD, Executive Engineer Okep Dai had personally funded and procured 200 fluorescent collars to mitigate such risks.

The second edition of Bharat Lok Sangeet – Arunachal Utsav 2025 commenced at Poi Pee Mau Tai Ground, Namsai yesterday. Addressing the gathering, Deputy Chief Minister, Chowna Mein expressed immense pride in Arunachal Pradesh's diverse traditions. He emphasized the significance of folk music and dance as living traditions that connect generations and communities. He noted that this festival is not just an event but a reflection of India's ethos of Unity in Diversity. This year, the festival features 15 cultural troupes from Arunachal Pradesh, including performances by the Adi, Aka Hrusso, Apatani, Idu Mishmi, Memba, Monpa, Nyishi, Tai Khamti, Ollo, and other indigenous communities. Additionally, cultural groups from Himachal Pradesh, Karnataka, Manipur, Bhutan and Thailand have joined the festival, ensuring a rich blend of regional traditions and strengthening cross-cultural exchanges.

The first-ever Golden Pagoda Marathon Tropical Namsai 2025 witnessed an overwhelming response with 952 participants, competing in four race categories. The marathon was flagged off yesterday by Deputy Chief Minister Chowna Mein in presence of Minister for Forest & Environment Wangki Lowang and other dignitaries. Highlighting the government's long-term vision for sports development, Deputy Chief Minister Mein shared that the state government is actively collaborating with the All India Football Federation to create structured opportunities for young athletes. As part of these efforts, two new football stadiums are under development in Namsai, and a partnership with John Abraham's NorthEast United FC under the Northeastern Football Federation will soon take shape, starting with Namsai as its first focus area. With participation from Ethiopia, Uganda, Kenya, and various parts of India, the marathon has set the stage for Namsai to emerge as a premier sporting destination.

A Vocational Learning Tour under Operation Sadbhavna; an initiative of the Spear Corps of the Indian Army, was flagged off from Veterans Suvidha Kendra, Pasighat on Saturday. A total of thirty trainees including youth from the East Siang district aged 21 to 50 are participating in the tour. This initiative aims to provide

sustainable livelihoods for the skilled personnel of Arunachal Pradesh, promote craftsmanship and eco-friendly products, and connect people across diverse regions with the rest of the country.

The India Meteorological Department has issued a Yellow Alert for West Siang, Siang, Upper Subansiri, Shiyomi, Lepa Rada, Lower Siang, Upper Siang, East Siang, Lower Dibang Valley, Dibang Valley, Anjaw, Lohit and Namsai districts of Arunachal Pradesh for today and tomorrow. IMD has issued a warning of rainfall with thunderstorms and lightning at isolated locations over the next 24 hours. Scattered snowfall is also forecasted at higher altitudes of Tawang and Upper Subansiri districts.