

Morning News Script

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Prime Minister Narendra Modi will inaugurate the Sonamarg Tunnel project in Jammu and Kashmir today .This tunnel will provide all-weather seamless connectivity between Srinagar Valley and Ladakh. The enhanced connectivity through around 12 km long Sonamarg Tunnel project, will boost defense logistics and promote tourism. The total cost of the project is 2700 crore rupees. The strategic Sonamarg Tunnel will be a major step towards making the Ladakh region accessible by road throughout the year.

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The World's largest spiritual and cultural gathering Mahakumbh began today in Prayagraj with Amrit Snan on the occasion of Paush Poornima. Millions of Devotees, Pilgrims and Visitors are taking holy dip at various ghats of Triveni Sangam, the confluence of river Ganga, Yamuna and Saraswati. The grand event will continue till Mahashivaratri on 26th February. A rare celestial alignment that occurs only once in 144 years adds to the speciality of Maha Kumbh this year. Yesterday, nearly 50 lakh devotees took a dip at the Triveni Sangam. Besides the ritual bath, millions of devotees will also observe the ancient tradition of Kalpvas at the Sangam. Our correspondent reports, the government has made all arrangements to ensure the event is safe, secure, and memorable.

KUMBH BYTE: - Maha Kumbh 2025 in Prayagraj will be the world's largest cultural and spiritual gathering, with over 450 million devotees expected to attend. Security measures have been strengthened at temples and key sites in Mahakumbh Nagar to ensure safety of devotees. A seven layer security is in place for the grand event. Police has also roped in advanced technology, including underwater drones and AI-enabled cameras. Indian Railways is operating more than 10 thousand trains, including three thousand 300 special trains to ensure the safe and efficient travel of millions of devotees to and from Prayagraj.

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Manipur Chief Minister N. Biren Singh said that the relationship and coexistence among all indigenous communities has existed since time

immemorial. Addressing the state-level ‘Gaan-Ngai’ celebration at Sagolband Ramji Kabui Village in Imphal West district yesterday , said that collective efforts are needed to inculcate the sense of belongingness and oneness in the state. “We should safeguard our rich cultural heritage and traditions, and honour the legacy of our ancestors,” he maintained. The Chief Minister urged the people of the state to take responsibility and ownership in preserving old traditions and customs, irrespective of the religion being followed by any community.



The festival of harvest, Lohri is being celebrated today in North India especially in Punjab, Haryana, Himachal Pradesh, Delhi, Jammu and Chandigarh. Lohri marks the end of the long nights of winter and welcomes the longer days of summer, as the Sun begins its journey to the Northern Hemisphere. Lohri is celebrated very enthusiastically and zestfully, accompanied by many customs and traditions. The most prevalent tradition associated with Lohri is the ritual of lighting bonfires, symbolizing the obliterating forces of evil with good fortune arriving.



President Droupadi Murmu and Vice President Jagdeep Dhankar have extended their greetings on the occasion of Lohri. They also extended their greeted for the upcoming Makar Sankranti, Pongal, and Magh Bihu festivals, which will be celebrated on the 14th of this month. In her message, the President said that these festivals are symbols of the country’s rich cultural heritage and bring enthusiasm and joy to everyone’s lives. She emphasized that these festivals are celebrated in diverse forms across various regions of the country, underscoring their role in showcasing the country’s harmonious relationship with nature. The Vice President underlined that these festivals represent the country’s age-old tradition of honouring the harvest season. He added that they showcase the beautiful tapestry of cultural traditions that makes the country truly exceptional.



A recent study has revealed that addiction to short-form videos on social media platforms can lead to high blood pressure and hypertension. The study, published in European Heart Journal – Digital Health, a journal of the European Society of Cardiology, indicates that low levels of radio frequency energy emitted from mobile phones have been linked with an increase in blood pressure and hypertension. The team analysed data

from 4,318 young and middle-aged people who self-reported screen time spent watching short videos at bedtime. The report also highlighted that screen time at bedtime was significantly associated with essential hypertension in young and middle-aged people.

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